

**Nutrition Services**  
**S.F. Department of Public Health**

**Feeling Good Project**

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<http://www.sfdph.org/dph/comupg/oprograms/MCH/FeelingGood.asp>



The Feeling Good Project is funded by the California Department of Health Services, Network for a Healthy California whose mission is to create innovative partnerships so that low-income Californians are enabled to adopt health eating and physical activity patterns as part of a healthy lifestyle. We are part of the Nutrition Services Program of the San Francisco Department of Public Health. We aim to improve the nutritional well-being and physical activity of low income San Francisco residents by providing nutrition education to increase consumption of fruits and vegetables and promoting daily physical activity.