



Save the Date!

6TH ANNUAL PHYSICAL ACTIVITY & NUTRITION FORUM

"Out of the Box and Into the Community"

Friday, June 3, 2011

8:30 am – 4:00 pm

Richmond Civic Auditorium, Richmond, CA

-Presented by-

The Network for a Healthy California-Bay Area Region, in partnership with
The City of Richmond and
The American Diabetes Association

Who Absolutely Must Not Miss This!

health advocates, healthcare providers, health educators, nutritionists, physical activity professionals, educators, clinicians, urban gardeners, food advocates, policymakers and others

In this free, day-long "coming together," participants will gain a solid understanding of:

- How "out-of-the-box" physical activity approaches can transform public health
- What works to increase healthy physical activity behaviors in culturally-diverse settings
- The promise of community-supported agriculture to achieving of food security
- How to replicate award-winning physical activity programming in your community
- Powerful new weapons in the fight against diabetes

Scheduled Plenary Speakers:

- **Bob Ross, MD**
President and CEO – The California Endowment
- **LaDonna Redmond**
Senior Program Associate,
Institute for Agriculture and Trade Policy
- **Susan Comfort**
VP of Philanthropy, KaBOOM

Experience

MOVEMENT with physical activity sessions throughout the day

BREATHE new life into your programming

LEARN in afternoon intensive workshops taught by experts in their fields

**Dress to MOVE! Free Lunch is provided.
Registration begins in May.**

"For CalFresh information, call 1-877-847-3663. Funded in part by USDA SNAP, an equal opportunity provider and employer. Visit www.cachampionsforchange.net for healthy tips. – California Department of Public Health"