



Back by Popular Demand... It's Sugar Savvy Time!



**Thursday,
June 10, 2010**

**JACK LONDON AQUATIC CENTER
115 EMBARCADERO
OAKLAND, CA 94606
from 9:00 A.M. to NOON**

FOR DIRECTIONS GO TO
WWW.JLAC.ORG

Register Today! For Nutrition Services' "Be Sugar Savvy" Refresher Workshop

Save the date and plan on joining us for our "Be Sugar Savvy" train-the-trainer workshop featuring new information you can use this summer to remind the community it's time to "Rethink Your Drink."

We have updated our Discussion Guide as well as the list of Sugar Shockers and want to make sure you have the latest and greatest Sugar Savvy information. Our "Be Sugar Savvy" demonstration presentation includes:

- New** • List of Sugar Shockers
- New** • "Show Me the Sugar" Discussion Guide
- Soda labeling and calculation guide
- Frequently Asked Questions about sugar

Registration Form - Please Print

Name _____ Phone _____

Organization _____

Organization Address _____
Number and Street City Zip code

Email _____

Please complete the form and fax it to **Gail Wax** at **510.595.6486**. Or, email the information above to gail.wax@acgov.org with **Sugar Savvy Refresher** in the subject line. If you have any questions regarding registration contact Gail at 510 595-6485.

Healthy Living
...for life!

Alameda County Public Health Department