

Bay Area

It's Time to Celebrate the Second Annual Fruit and Veggie Fest!

As part of Fruit and Veggie Fest, the *Network for a Healthy California—Retail Program* is joining forces with grocery stores and supermarkets across the state to host local community events throughout the month of May. The events will celebrate the bounty of California produce and inspire Californians to take charge of their health and that of their loved ones by standing up as Champions for Change.

In Gilroy, the *Network for a Healthy California—Bay Area Region Retail Program* is teaming up with local grocer, Arteaga's Super Save, to host a Fruit and Veggie Fest event on Saturday, May 3, and you're invited!

Bring your friends and family members and join us for our Cinco de Mayo-themed celebration. There will be tasting and sampling of fresh fruits and veggies, a hula hoop contest, an Arteaga's Super Save store tour and even a folkloric dance group presentation by Ritmo Latino. Additionally, you'll have an opportunity to participate in a raffle drawing for an El Mexicano food basket and tickets to Great America and the Santa Cruz Beach Boardwalk.

This fun-filled day will give you tips and tools to help make healthy changes in your home and community, like eating fruits and veggies and being physically active every day to help reduce your risk of developing serious health problems, such as type 2 diabetes, obesity and heart disease.

Where: Arteaga's Super Save
6906 Chestnut St.
Gilroy, CA 95020
[Map of Event Location](#)

When: Saturday, May 3, 2008

Time: 1 – 4 p.m.

For more information on the upcoming Fruit and Veggie Fest event, please contact Susan Karlins @ 408-792-5121 or Susan.Karlins@hhs.sccgov.org. For information on the *Network for a Healthy California*, visit www.cachampionsforchange.net or www.campeonesdelcambio.net (en español).